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## **Dr. Keri Chiappino Announces '09 Holistic Workshop Schedule for Pediatric Special Needs and Women's Pregnancy Issues**

*Informational Series Presents Alternative Therapy Options to Meds and Surgery*

### **For Immediate Release**

Smithtown, NY (January 6, 2009) – Chiropractic Neurologist Dr. Keri Chiappino today unveiled her presentation slate for 2009. The free monthly lectures focus on effective, “non-med” therapy options currently available for a host of pediatric neurological disorders as well as for relieving prenatal body stress.

“What to Expect During Your Pregnancy & How to Relieve Prenatal Body Stress Naturally,” slated for January 19, is the first in line for the workshop series. A specialist in prenatal and women’s health care issues, Dr. Chiappino discusses the pregnant woman’s changing posture and its effects on the body, and offers tips on how to prevent and better manage pain without medication. Holistic management of common complaints such as sciatica, headaches, and carpal tunnel syndrome are covered; advice on how to maintain mental clarity and how to bend and lift properly is offered.

Dr. Chiappino, a Defeat Autism Now! (DAN!) Practitioner and 2008 Long Island Business News “Healthcare Hero” award recipient, will also conduct workshops that address pediatric special needs patients. Cutting edge holistic therapy options for children diagnosed with neurological disorders such as Autism Spectrum Disorders (ASD), Asperger’s Syndrome, ADHD, and learning disabilities will be covered. According to Dr. Chiappino, “My goal is to shed light on alternative paths that do not have the serious side effects that can affect some children. By learning how holistic therapies can naturally achieve brain balance, parents can make an educated decision on how best to manage their child’s condition.”

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The monthly workshops will be held on Mondays from 7:15-8:00 pm at Dr. Chiappino's private office New Life Chiropractic, 323 Middle Country Road, Smithtown, NY. Space is limited; reservations are required. For more information, call 631 265 1223 or visit [www.newlifechiropractic.com](http://www.newlifechiropractic.com).

### **2009 Workshop Schedule:**

January 19 – What to Expect During Your Pregnancy & How to Relieve Prenatal Body Stress Naturally

February 9 – Unlocking Your Special Needs Child's Potential Naturally

March 23 – Keeping the Brain Sharp & the Body Fit During Pregnancy

April 20 – Using the DAN! Approach & Chiropractic Neurological Care to Maximize Your ASD Child's Potential

May 18 – AD/HD – Managing Your Child's Symptoms Without Meds

June 22 – Unlocking Your Special Needs Child's Potential Naturally

July 20 – Beating Pregnancy Pain Holistically

August 24 – Gearing up for School: Non-Drug Therapies That Maximize the Learning Disabled Child's Potential

September 21 – Managing Your Child's AD/HD Symptoms Without Meds

October 19 – Maximizing your Special Needs Child's Potential with DAN! & Chiropractic Neurological Care

November 16 – Avoiding Holiday Stress: Holistic Help for the Pregnant Woman

December 7 – AD/HD: Keeping Your Child on Track During the Holidays

### ***About Dr. Keri Chiappino and New Life Chiropractic***

*A board-certified Chiropractic Neurologist, Dr. Chiappino is one of only 600 doctors worldwide achieving Diplomatic status on the American Chiropractic Neurological Board (ACNB), with over 1000 hours in Chiropractic Neurology coursework. Her private family practice, New Life Chiropractic, is dedicated to chronically disabling conditions, including Multiple Sclerosis, Parkinson's, Alzheimer's, vertigo, migraines, asthma, anxiety, depression, and other neurological disorders. She is a Defeat Autism Now (DAN!) Practitioner, specializing in improving brain function in children with neurological disorders such as Autism Spectrum Disorders. Visit [www.newlifechiropractic.com](http://www.newlifechiropractic.com) for more information. Offices in Manhattan and Smithtown, Long Island.*