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DR. KERI CHIAPPINO TO SPEAK AT LONG ISLAND AUTISM FAIR

*Session Will Focus on Holistic Methods
To Overcome "Stimming" in Children with Autism*

FOR IMMEDIATE RELEASE

Smithtown, NY (March 23, 2010) – Smithtown Chiropractic Neurologist and Defeat Autism Now![®] Practitioner Dr. Keri Chiappino has been selected to host a workshop for parents seeking holistic healing therapies for children with autism spectrum disorders (ASD) at the Long Island Autism Fair. Now in its fourth year, the Fair will be held Sunday, April 18, 2010 at Farmingdale State University.

Dr. Chiappino's session runs from 11:30am-12:30pm and will focus on repetitive behaviors frequently used by children with autism, commonly referred to as "stimming." Entitled "**Spinning, Stimming, and Swaying: Understanding the Neurological Mechanism Behind These Behaviors and Developing Strategies to Overcome Them Through Fuel and Activation**", this informative lecture will help parents better understand why their child adopts specific ritualistic behaviors and offer helpful tools to better manage their child's symptoms.

According to Dr. Chiappino, "Repetitive body movements are utilized by children with autism to reduce external stress and to refocus when their sensory world becomes overwhelming. While stimming produces a calming effect on the child, it can be disruptive, becoming an obsessive ritual that interferes with socialization and the ability to learn."

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“Neurological exercises can improve connections in the brain and thus reduce rocking, hand flapping, spinning, swaying and other repetitive behaviors. In my session, parents and caregivers will gain a better understanding of the neurological mechanics behind stimming, and learn how to better manage their child’s behaviors-- without medication. In addition, I will discuss the benefits of specialized diets, according to the Defeat Autism Now! philosophy, and nutritional supplementing in the overall therapy plan for patients with ASD.” Dr. Chiappino will also be exhibiting at the show and invites attendees to visit her booth for more information.

About the Long Island Autism Fair

The Long Island Autism Fair was founded in 2004 as a comprehensive event for parents and professionals in the autism community. This year’s event will be held Sunday, April 18th, 2010 at Farmingdale State College, Roosevelt Hall, from 9AM-6PM. Contact Christine Heeren, Conference Director for more information: 631-949-9997; christine@autismfair.com.

About Dr. Keri Chiappino and New Life Chiropractic



Dr. Keri Chiappino, DC DACNB earned her diplomate in neurology from the Carrick Institute after completing her DC at Life University in Marietta Georgia. She began working with children and teaching colleagues while serving as President of Life University’s Pediatrics Club. As a Defeat Autism Now!® Practitioner she has dedicated her practice to improving the lives of children on the spectrum. Dr. Chiappino developed the Maximum Achievement Program (MAP) which utilizes hemispheric-specific stimulation for those children with deficits. She is currently in private practice in

NYC and Smithtown, Long Island.

For more information, contact the Smithtown, Long Island office at 631 265 1223 or the Manhattan office at 212 721 1188; visit her website www.newlifechiropractic.com or follow her at twitter.com/drchironeuro.