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FOR IMMEDIATE RELEASE

**New Life Chiropractic Expands Alternative Health Offerings
with Massage Therapy**

Smithtown, NY (December 11 2009)-- Chiropractic Neurologist Dr. Keri Chiappino has announced that therapeutic massage is now available at her wellness practice, New Life Chiropractic. The addition of massage therapy expands the breadth of holistic rehabilitative therapy options for patients seeking natural healing. Licensed massage therapist Heather Lastuvka will provide hands-on therapy, including Swedish massage, Tuina/acupressure massage, sports, pediatric and prenatal massage.

Hands-on massage facilitates the natural healing process by increasing circulation and flexibility, helping to reduce stress as well as relieve chronic and acute pain. Therapeutic massage is also beneficial in prenatal care as gentle massage can improve muscle tone, relax tense muscles and address discomfort associated with a woman's changing body.

According to Dr. Chiappino, "Massage therapy is an effective complement to chiropractic care. Our goal is to provide our patients with a spectrum of holistic services that can optimize their health naturally.

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Incorporating massage therapy into the practice rounds out our offerings and provides our patients with another path to achieving optimum wellness naturally.”

The Smithtown office is now scheduling appointments for therapeutic massage. Gift certificates for the holidays are available.

About Dr. Keri Chiappino and New Life Chiropractic

Dr. Keri Chiappino, DC DACNB offers a unique, expanded approach to alternative health care. Her private family practice, New Life Chiropractic, is dedicated to chronic conditions that severely disable people, including patients with Multiple Sclerosis, Parkinson’s, Alzheimer’s, vertigo, migraines, asthma, depression, anxiety disorders and other neurological disorders. A Defeat Autism Now!® (DAN!) Practitioner, Dr. Chiappino specializes in restoring brain balance in children diagnosed with Autism Spectrum Disorders (ASD), Asperger’s, ADHD, Tourette’s Syndrome, Dyslexia, and learning disabilities. Utilizing non-invasive therapies that comprise her unique “Maximum Achievement ProgramSM,” Dr. Chiappino has been successful in improving brain functionality in children with ASD, enabling them to perform at full potential. Dr. Chiappino also specializes in maternal health.

Dr. Chiappino has distinguished herself as one of 600 doctors worldwide achieving Diplomatic status on the American Chiropractic Neurological Board (ACNB), with over 1000 hours in Chiropractic Neurological coursework. She is a Registered Yoga Teacher (RYT), offering therapeutic Iyengar yoga workshops to help manage stress and pain as well as provide better postural alignment and increased strength for total mind-body wellness. To make an appointment for a consultation or for more information, contact the Smithtown, Long Island office at 631 265 1223 or the Manhattan office at 212 721 1188; or visit www.newlifechiropractic.com.

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